

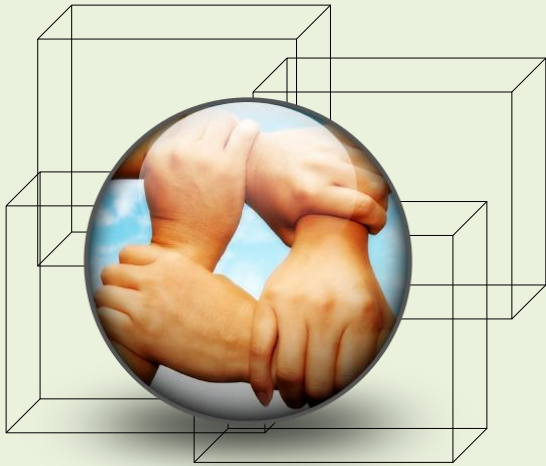
The Adult Down Syndrome Clinic is

located in Birmingham on the campus of the University of Alabama (UAB) in the easily accessible Community Health Services Building, **930 20th St. South in Birmingham, AL, 35294.**

Free parking is available adjacent to the Community Health Services Building that houses the clinic.

Please call (205)335-9385

Monday through Friday 8am - 4pm *to schedule an appointment or request information*



The Adult Down Syndrome Clinic Team

works closely with ...

- Individual Self Advocates
- Parents and Caregivers
- Physicians
- and the Community

To optimize the health and well being of adults with Down syndrome through

- Clear Communication
- Excellent Healthcare
- Self Empowerment

The Adult Down Syndrome Clinic at UAB - Serving the needs of adults with Down syndrome throughout the region


Adult Down Syndrome Clinic at UAB
Community Health Services Building
930 20th Street South
Birmingham, AL 35294-2041
205-335-9385
adultdownsyndromeclinic@genetics.uab.edu




Adult Down Syndrome Clinic at UAB
Comprehensive, Compassionate Care®
Funded in part by the
John Mark Stallings Endowed Support Fund



**Adult
Down Syndrome Clinic
at UAB**

Serving the needs of
adults with Down syndrome

PHONE
(205) 335-9385

EMAIL
adultdownsyndromeclinic@genetics.uab.edu

WEBSITE
genetics.uab.edu/AdultDownSyndromeClinic.html



Adult Down Syndrome Clinic at UAB

Funded in part by **The John Mark Stallings Endowed Support Fund**

About Down Syndrome

Down syndrome (DS), the most common of all genetic conditions associated with developmental delay, occurs in approximately one out of every 733 live births, usually affecting physical, intellectual and language development. With appropriate medical care, adults with Down syndrome can lead healthy and productive lives.

The Adult Down Syndrome Clinic is a comprehensive medical resource providing multidisciplinary medical and psychosocial care for adults with Down syndrome, with an emphasis on health promotion.

For more information about adults with Down syndrome visit our website at:
genetics.uab.edu/AdultDownSyndromeClinic.html



The Adult Down Syndrome Clinic

is funded in part by Parent Advocates Down Syndrome, through

The John Mark Stallings Endowed Support Fund at downsyndromealabama.org and a grant from the UAB Health Services Foundation.



Purpose of the Clinic

The Adult Down Syndrome Clinic is only one of a few clinics of its type in the nation. The clinic strives to help individuals with Down syndrome, beginning at age 16, achieve optimal health and well-being, promoting lives that are as fulfilling, productive and independent as possible.

Our Team:

Edward Lose, MD Ass't Professor of Genetics at UAB
Sharon Hamilton, RN Clinical Care Coordinator
Vicki Moore, MD and Michael Faircloth, MD
Family Medicine Physicians



- Physical Therapist
- Occupational Therapist
- Speech-Language Pathologist
- Other clinicians as needed - (e.g. psychiatrists)
- Nutritionist
- Social Worker
- Audiologist

How to be seen at the Clinic

- First call the Clinical Care Coordinator at **205-335-9385**.
- Basic information will be requested and an appointment time scheduled.
- A packet of information will be sent to you. This packet consists of a health questionnaire, instructions on what to bring, directions and parking instructions.
- Free parking is adjacent to the clinic's entrance.

For information about the Adult Down Syndrome Clinic at UAB, visit our website at:
genetics.uab.edu/AdultDownSyndromeClinic.html

A Visit to the Clinic



When you arrive, you will be greeted and taken to a comfortable room where clinicians come to you!

- Each clinician conducts an assessment and will discuss their findings with you.
 - Once the initial visit is complete a collection of all the clinician's recommendations will be given to you.
- The team will work with you to develop a Plan of Action. This plan may include:
- Working with the current primary or consulting doctor or locating a primary care physician
 - Scheduling additional practitioners to evaluate the individual (e.g. cardiologist)
 - Make a referral for other services, such as financial planning or job counseling
 - Scheduling a follow up visit to the Down Syndrome clinic as needed
 - Scheduling a re-assessment appointment within 1-2 years

The clinic staff is available for consultation at any time should questions or problems arise.



930 20th Street South
Birmingham, AL 35294-2041

Phone: 205-335-9385 or 205-975-9527

Fax: 205-975-6389

aduldownsyndromeclinic@genetics.uab.edu