

2016 Spring Meeting & Pediatric Update



American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN™



Alabama Chapter

April 28—May 1, 2016

Grand Hotel Marriott Resort ♦ Point Clear, AL

Join your colleagues at this historic, "Old South" resort on Mobile Bay, featuring beautiful grounds with live oaks, swimming pools, beaches, biking, kayaking and more, as well as daily afternoon tea and cookies, and of course, stellar accommodations and meeting facilities.

Agenda



Thursday, April 28

Exhibit Set-up	1:30 p.m. - 4:00 p.m.
Executive Board Meeting	2:00 p.m. - 5:00 p.m.
Registration Desk Opens	5:00 p.m. - 6:30 p.m.
"Meet & Greet" Reception in the Exhibits —Thanks to our supporter Fair Advantage	5:00 p.m. - 6:30 p.m.
Dinner on your own	

Friday, April 29

Registration Desk Open	7:00 a.m.
Breakfast in the Exhibits	7:15 a.m. - 8:00 a.m.
"Combing through the Weed: Facts about "Medical Cannabis" for Children" —Pamela Gonzalez, MD, FAAP	8:00 a.m. - 9:00 a.m.
"Perils and Pearls of College Transition: How Can the Pediatrician Anticipate and Guide?" —Morissa Ladinsky, MD, FAAP	9:00 a.m. - 10:00 a.m.
Refreshment Break in the Exhibits —Thanks to our supporter ProAssurance Indemnity	10:00 a.m. - 10:30 a.m.
"Uh Oh, My Patient Screened Positive, Now What: Brief Interventions in Pediatric Substance Use" —Pamela Gonzalez, MD, FAAP	10:30 a.m. - 11:30 a.m.

Industry-sponsored Luncheon Session (Separate CME)
TBD 11:30 a.m. - 12:45 p.m.

Strolling Dessert in the Exhibits	12:45 p.m. - 1:15 p.m.
Exhibits open until 1:15 p.m.	

Friday Afternoon (Concurrent Workshops)

"The Ten Steps to Successful Breastfeeding: Evidence-Based Care to Support the Mother-Baby Dyad " —Emma Omoruyi, MD, MPH, FAAP	1:30 p.m. - 4:30 p.m.
"Child-Adult Relationship Enhancement (CARE): Addressing Behavior Concerns in the Pediatric Practice " —Robin Gurwitsch, PhD	1:30 p.m. - 4:30 p.m.

Friday Evening

Dinner on your own



NOTE: Children allowed in exhibit hall only under parental supervision.

Saturday, April 30

Breakfast in the Exhibits	7:15 a.m. - 8:00 a.m.
"Office-Based Primary Care for Our LGBTQ Youth in 2016" —Morissa Ladinsky, MD, FAAP	8:00 a.m. - 9:30 a.m.
"Alabama's Health at a Crossroads" —Tom Miller, MD	9:30 a.m. - 10:00 a.m.
Refreshment Break in the Exhibits	10:00 a.m. - 10:30 a.m.
Exhibit Breakdown	10:30 a.m. - 11:00 a.m.
"Medicaid RCOs: What Pediatricians Need to Know in 2016" —Robert Moon, MD, FAAP	10:30 a.m. - 11:30 a.m.

Industry-sponsored Luncheon Session (Tentative)
TBD 11:45 a.m. - 1:15 p.m.

Saturday Afternoon

"Grand Pediatric Pentathlon" activities continue

Saturday Evening

"Grand Pediatric Pentathlon"	
Check-in and Mixer	6:00 p.m. - 7:00 p.m.
Dinner and Dessert on the Lawn —Thanks to our sponsor, USA Children's & Women's Hospital	7:00 p.m.

Sunday, May 1

Breakfast and QI/ACHIA update —Cason Benton, MD, FAAP (non-CME)	7:30 a.m. - 8:00 a.m.
"How Using the Collaboration Model to Treat ADHD Can Benefit the Pediatrician as Well as the Patient" —Sheryl Pruitt, MEd, ET/P	8:00 a.m. - 9:00 a.m.
"The Medical Evaluation of Physical Abuse in Children" —Michael Taylor, MD, FAAP	9:00 a.m. - 10:00 a.m.
"Challenging Kids, Challenged Physicians: The Co-Morbidities of ADHD" —Sheryl Pruitt, MEd, ET/P	10:00 a.m. - 11:00 a.m.
"Sedating the Pediatric Patient: What the Pediatrician Needs to Know" —Rosa Vidal, MD, FAAP	11:00 a.m. - 12:00 p.m.
Adjourn	

2016 Spring Meeting & Pediatric Update

Registration

Please register early!

Please register below or **online (preferred) at www.alaap.org**, with credit card payment via Paypal (no Paypal account required).

First Name: _____ Last Name: _____
(As you would like it to appear on nametag)

Designation: ☐ MD ☐ DO ☐ RN ☐ CRNP ☐ PA ☐ Other Daytime Phone #: (_____) _____

Street Address: _____ City: _____ State: _____ Zip: _____

E-mail Address (required): _____ Spouse/Guest Name for Nametag: _____

Will you be attending/participating in the following sessions/events? Please pre-register:

- ♦ **Grand Pediatric Pentathlon** (Fri./Sat., at your leisure, \$50 donation to participate) ☐ Yes ☐ No
Enter shirt sizes here for each shirt purchased:
Adults: (S, M, L, XL) _____ Youth: (S, M, L) _____
- ♦ **Breastfeeding Workshop** (Fri., 1:30 p.m.) ☐ Yes ☐ No
- ♦ **CARE Workshop** (Fri., 1:30 p.m.) ☐ Yes ☐ No
- ♦ **Saturday night reception & dinner** (6:00 p.m., included in registration; guests require additional fees) ☐ Yes ☐ No # in party _____

FEES (Check One) (covers admittance for one person to all meals, including Saturday night reception & dinner)**

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|--|---|
| Chapter Members (Alabama or other AAP chapter) - <u>BEFORE April 8, 2016</u> | <input type="checkbox"/> \$335 |
| Chapter Members (Alabama or other AAP chapter) - <u>AFTER April 8, 2016</u> | <input type="checkbox"/> \$395 |
| Non-Chapter Members | <input type="checkbox"/> \$500 |
| Senior Physician (over age 70, fully retired) or Practice Management Assn. (PMA) member | <input type="checkbox"/> \$225 |
| Nurse, NP, PA, or Practice Manager who is not a PMA member | <input type="checkbox"/> \$250 |
| Pediatric Resident/House Staff | <input type="checkbox"/> (waived, value of \$250) |
| Friday Workshop only | <input type="checkbox"/> \$ 85 |
| Additional Tickets for Saturday night reception/dinner/dessert: _____ # of adult tickets @ \$60 each | \$ _____ |
| _____ # of children's tickets @ \$25 each | \$ _____ |
| Pediatric Pentathlon _____ # of shirts/participants @ \$50 donation each (Write shirt sizes above.) | \$ _____ |
| Will you add a tax-deductible donation to Reach Out and Read-Alabama? If so, enter amount | \$ _____ |
| TOTAL | \$ _____ |

- ☐ Check enclosed (made payable to Alabama Chapter-AAP)
- ☐ Charge my credit card (circle one): VISA MC AMEX DISC Card # _____
- Expiration Date: ____/____/____ Name on Card: _____

**Full refund for cancellations until April 22, 2016 at 5 p.m. A \$25 cancellation fee will be assessed for credit card payments that are cancelled at any time. No refunds will be issued for cancellations/no-shows after April 22.

Child Care Program:

A child care program is available at The Grand from 10 a.m. - 2 p.m. and from 6 p.m. - 10 p.m., daily (seasonal) for registrants' children ages five to 12 years **only**. Lunch or dinner meals are included in the fee. Call the Concierge Department at 251-928-9201, ext. 6721 to make your reservations at least 12 hours prior to the session. The cost is \$35 per child per session; a cancellation fee of \$25 will be charged to the room account if not cancelled six hours in advance. To arrange in-room babysitting services, please call the following nanny services directly: My Girl Friday Now, (251) 210-3912, or Bright Star Care, (251) 405-6451.

**Make check payable to: Alabama Chapter-AAP. Mail form and payment by 4/8/16 to:
Jill Powell, Alabama Chapter-AAP, 19 S. Jackson St., Montgomery, AL 36104**



Alabama Chapter

19 S. Jackson St.

Montgomery, AL 36104

Spring Meeting Registration Packet

Register Now! Hotel Deadline is March 28!

Faculty

Pamela Gonzalez, MD, MS, FAAP, Assistant Professor, Department of Psychiatry, University of Minnesota, Medical Director, Saint Paul Metro Treatment Center, Roseville, MN

- ♦ Combing through the Weed: Facts about "Medical Cannabis" for Children
- ♦ Uh Oh, My Patient Screened Positive, Now What: Brief Interventions in Pediatric Substance Use

Robin H. Gurwitch, PhD, Professor and Psychologist, Duke University Medical Center, Center for Child and Family Health, Durham, NC

- ♦ Child-Adult Relationship Enhancement (CARE): Addressing Behavior Concerns in the Pediatric Practice

Morissa Ladinsky, MD, FAAP, Associate Professor of Pediatrics, UAB School of Medicine, Department of Pediatrics and Adolescent Medicine, Birmingham, AL

- ♦ Perils and Pearls of College Transition: How Can the Pediatrician Anticipate and Guide?
- ♦ Office-Based Primary Care for Our LGBTQ Youth in 2016

Tom Miller, MD, State Health Officer, Alabama Department of Public Health, Montgomery, AL

- ♦ Alabama's Health at a Crossroads

Robert Moon, MD, Chief Medical Officer and Deputy Commissioner, Health Systems, Alabama Medicaid Agency, Montgomery, AL

- ♦ Medicaid RCOs: What Pediatricians Need to Know in Spring 2016

Emma Omoruyi, MD, MPH, FAAP, Assistant Professor of Pediatrics, The University of Texas Medical School at Houston, Houston, TX

- ♦ The Ten Steps to Successful Breastfeeding: Evidence-Based Care to Support the Mother-Baby Dyad

Sheryl K. Pruitt, MEd, ET/P, Clinical Director of Parkaire Consultants, Educational Consultant, Educational Therapist, Marietta, GA

- ♦ How Using the Collaboration Model to Treat ADHD Can Benefit the Pediatrician As Well As the Patient
- ♦ Challenging Kids, Challenged Physicians: The Co-Morbidities of ADHD

Michael Taylor, MD, FAAP, Professor and Director of Child Abuse Pediatrics Division, UAB Department of Pediatrics, Birmingham, AL

- ♦ The Medical Evaluation of Physical Abuse in Children

Rosa Vidal, MD, FAAP, Associate Professor of Medicine, Director, Pediatric Critical Care, University of South Alabama Children's and Women's Hospital, Department of Pediatrics, Mobile, AL

- ♦ Sedating the Pediatric Patient: What the Pediatrician Needs to Know

Topics & Objectives

Upon completion of this live activity, participants will be able to:

Combing through the Weed: Facts about "Medical Cannabis" for Children

- ◆ Describe both scientific and lay terminology surrounding cannabinoids and "medical marijuana"
- ◆ Describe the basic legal language surrounding cannabis/marijuana
- ◆ Explain the complicating factors in investigating and utilizing cannabis plant derivatives versus isolated cannabinoids as pediatric medical treatments

Perils and Pearls of College Transition: How Can the Pediatrician Anticipate and Guide?

- ◆ List the top three causes of morbidity and mortality among college undergraduates
- ◆ Discuss federal legislation protecting students' privacy (e.g. FERPA, HIPAA) along with its inherent health implications.
- ◆ Identify ways the pediatrician can facilitate college care for youth with chronic medical or mental health conditions

Uh Oh, My Patient Screened Positive, Now What: Brief Interventions in Pediatric Substance Use

- ◆ Be able to match level of brief intervention to substance use screening result
- ◆ Have increased comfort level with delivering basic brief interventions

The Ten Steps to Successful Breastfeeding: Evidence-Based Care to Support the Mother-Baby Dyad

- ◆ Describe why breastfeeding is a national public health priority.
- ◆ Discuss components of antenatal breastfeeding education and how to incorporate it into obstetrical practice.
- ◆ Discuss the impact of skin-to-skin contact at delivery, delayed cord clamping and early hospital routines on successful breastfeeding.
- ◆ Discuss the obstetrician's role in breastfeeding support.
- ◆ Discuss the importance of exclusive breastfeeding.
- ◆ Describe evidence-based early hospital practices (instruction and support, exclusive breastfeeding, rooming-in, use of pacifiers) and their impact on successful breastfeeding outcomes.
- ◆ Discuss the pediatrician's role in breastfeeding support.
- ◆ Locate breastfeeding-supportive information on use of medications during breastfeeding.

Child-Adult Relationship Enhancement (CARE): Addressing Behavior Concerns in the Pediatric Practice

- ◆ List three ways to improve relationships with children and teens, including how to improve behaviors in children and teens.
- ◆ Discuss how to help parents provide instructions that are more likely to improve compliance rather than defiance.
- ◆ Discuss how CARE skills can be easily implemented into busy pediatric practices.

2016 Office-Based Primary Care for Our LGBTQ Youth

- ◆ Identify three risk factors faced by LGBTQ Youth

- ◆ Discuss the ways societal "LGBTQ-phobia" impacts health outcomes for these youth.
- ◆ List three elements of LGBTQ competent primary care delivery.

Alabama's Health at a Crossroads

- ◆ Discuss factors that contribute to our state's infant mortality and ways the Department of Public Health is working with providers to improve these statistics;
- ◆ Describe new opportunities for telemedicine and its application in Alabama

Medicaid RCOs: What Pediatricians Need to Know in Spring 2016

- ◆ Discuss how Medicaid Regional Care Organizations will affect delivery of care at the local level
- ◆ Discuss how Medicaid Regional Care Organizations will impact pediatric providers and their patients
- ◆ Describe how pediatric RCO measures will be used at the local level

Sedating the Pediatric Patient: What the Pediatrician Needs to Know

- ◆ Discuss the basics of pediatric sedation, including terminology and standards of care.
- ◆ Cite key points to tell your patients/families before the day of sedation.
- ◆ Describe which patients are not candidates for deep sedation and require general anesthesia.

How Using the Collaboration Model to Treat ADHD Can Benefit the Pediatrician As Well As the Patient

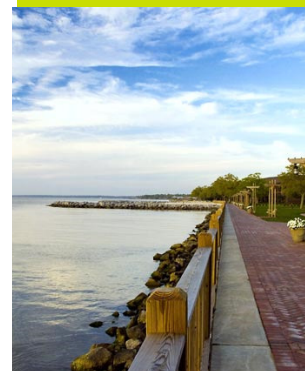
- ◆ Describe the need for an innovative and effective integrated neurodevelopmental treatment approach to neurological disorders on the ADHD to autism spectrum
- ◆ List community resources that are useful to assist in diagnosing and further treating the co-morbid disorders associated with ADHD
- ◆ Discuss the impact and more successful outcome for the patient, the family, the physician and other professionals working in the collaborative model

The Medical Evaluation of Physical Abuse in Children

- ◆ Cite the medical and legal definitions of child abuse
- ◆ Describe the incidence and prevalence of child abuse in the United States and Alabama
- ◆ Recognize some of the common presentations of physical abuse
- ◆ Discuss the history and rationale behind mandated child abuse reporting laws
- ◆ Describe the current child abuse mandated reporting law as it applies to Alabama healthcare professionals

Challenging Kids, Challenged Physicians: The Co-Morbidities of ADHD

- ◆ Better assess the co-morbid disorders of ADHD such as anxiety disorders, tic disorders & mood disorders.
- ◆ Differentiate the symptoms as part of more distinct diagnostic categories.
- ◆ Discuss the extensive impact of these disorders on family, school, behavioral and social settings.



General Information



IMPORTANT NOTE:
This year's meeting will be held at the Grand Hotel Marriott Resort, Club and Spa in Point Clear, AL.

Important Deadlines: Hotel reservation deadline is **March 28**. Early bird meeting registration deadline is **April 8**.

Hotel Reservations: A block of rooms is being held for our group at the Grand Hotel Marriott Resort at special rates until Monday, March 28, 2016 (base rate of \$194). After that date, we cannot guarantee availability of rooms at our group rate. **Please use group code "AAP"** when making reservations; call 1-800-544-9933 or use this link: <http://tinyurl.com/o2fxbqn>.

CME Accreditation: Children's of Alabama designates this live activity for a maximum of **13.0 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint providership of Children's of Alabama and the Alabama Chapter-AAP. Children's of Alabama is accredited by the Medical Association of the State of Alabama to provide continuing medical education for physicians.

Presentation Handouts: Per its "green" policy, the Chapter will distribute electronic versions of the speakers' PowerPoint handouts. CDs of handouts will be provided at the meeting and as links via email two weeks prior. Participants can pre-print handouts from the site, or, if they choose, bring their laptops to the sessions.

Resort Check-In & Parking: Please check in at the Main Building (map available at www.alaap.org). There are nightly valet parking fees of \$18 at The Grand; self-parking is complimentary for guests.

Dress: Dress for all activities is "resort casual." **Room temperatures can vary, so please bring a sweater or wrap.**

"Grand Fun Camp" Children's Program: A child care program is available at The Grand from 10 a.m. - 2 p.m. and from 6 p.m. - 10 p.m., daily (seasonal) for registrants' children ages five to 12 years **only**. Lunch or dinner meals are included in the fee. Call the Concierge Department at 251-928-9201, ext. 6721 to make your reservations at least 12 hours prior to the session. The cost is \$35 per child per session; a cancellation fee of \$25 will be charged to the room account if not cancelled six hours in advance. To arrange in-room babysitting services, please call the following nanny services directly: My Girl Friday Now, (251) 210-3912, or Bright Star Care, (251) 405-6451.

Join Your Colleagues for Our Special Events:

- ◆ "Meet and Greet" Reception in the Exhibits—Thursday ♦ 5 p.m. - 6:30 p.m.
- ◆ Third Annual "Grand Pediatric Pentathlon" *benefitting Reach Out and Read-Alabama*
Grab your family members and office staff and join fellow pediatricians from across the state in this five-event activity--and take advantage of all the resort has to offer while raising funds for Reach Out and Read! The events are running/walking (one mile), biking (30 minutes), kayaking (30 minutes), swimming (one hour) and reading for fun (one hour). The events are not scheduled; participate at your leisure over the weekend! Your \$50 donation gets you an event shirt and eligibility for prizes! Sign up on the registration form.
- ◆ "Grand Pediatric Pentathlon" Check-in and Mixer by the Bay—Saturday ♦ 6 p.m. - 7 p.m.
Join your colleagues for a mixer by the bay before dinner as we check in Pentathlon participants and give away door prizes! Sign up on registration form.
- ◆ Dinner on the Bay—Saturday ♦ 7 p.m. - 8:30 p.m.
Enjoy Rob Thornhill's live guitar music as you eat and mingle with your pediatric colleagues!



Questions? Contact the Chapter office at 334-954-2530, jpowell@alaap.org. See you at the Grand!